



# RHE Cultural Night

## How do I get started?

- \*Talk with your family about your background/heritage
- \*Look at family photos, around your house for things that represent your culture (artwork, statues, books, movies, toys, etc.)
- \*Go to the library and check out a book
- \*Find a friend from school who shares your culture
- \*Talk to CK Ruby ([officeofck@gmail.com](mailto:officeofck@gmail.com)) if you need help getting started, financial assistance, or want to match up with other families from your culture. Note: you may have to share table space with other families.

## 2019 Cultural Night changes:

**Food:** Due to food allergies and food-handling safety, food items will be limited to food that can be stored at ROOM TEMPERATURE. PLEASE be aware of food allergies. If you are serving food, please do your best to know all ingredients and if possible, label anything that has nuts or gluten (most common or most severe allergies).

**Performances:** Reminder that this event is to showcase a country or culture, not to spotlight individuals. We are focusing on group performances and encouraging performances that can be inclusive to everyone who wishes to join. We encourage simple dances where even the audience can join-in!

This is a night for celebrating—HAVE FUN!

## **Ideas for Your Cultural Night Display Board and Table Display:**

### **\*Display Board**

#### **Facts about your country:**

- Capital city/population
- Language spoken
- Currency (money)
- Climate
- History
- Fun facts
- Famous food
- How to say: Hi, Bye, Please, Thank You
- Flag

#### **Pictures from your country:**

- Customs and holidays
- Sports, games, and leisure activities
- Famous people/animals/royalty
- Sightseeing places
- Transportation
- Technology

### **\* Table Display Items:**

- Arts and crafts, henna
- Photo slideshow
- Foreign language demonstrations
- Artifacts
- Giveaways: recipes, flyers, stickers
- Currency (money)

**\*We would love to see COLOR!** Wear a traditional costume, bring your country's flag, or bring a cultural-themed tablecloth for the table.